



FAMILY GATHERINGS DURING COVID-19

While you think it may be harmless to have family gatherings during this time, here's why you should think twice before having a family gathering.

1

FAMILY GATHERINGS = PERSON TO PERSON CONTACT.

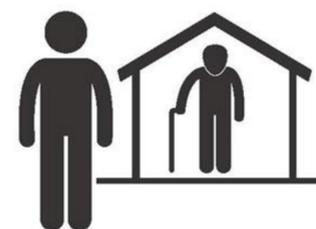
Spread of the virus happens most frequently with close contacts. By hosting or visiting a gathering, you're increasing everyone's risk of getting infected.



2

YOU'RE PUTTING LOVED ONES AT RISK!

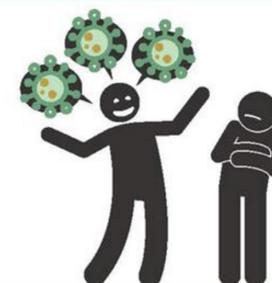
Your grandparents and family members with underlying health conditions are at a higher risk of contracting COVID-19. It's your responsibility to protect those at high risk.



3

BETTER TO BE SAFE THAN SORRY.

People who look healthy still can be infected and can spread the virus to you and your household. That's why it's important to stay away from those outside your household, even if they don't seem sick.



4

HOUSEHOLD MEANS ONLY THOSE YOU LIVE WITH.

Gatherings are limited to ONLY those you live with. Extended family or guests should not be allowed over for any occasion.



It might feel like life is at a standstill, but that doesn't mean you can't be social with your family. We can still be social, just in different ways. Use phone calls or video chats to support one another, laugh together and check up on loved ones during this time.



For more information visit:

WWW.FCDPH.ORG/COVID19



As many of us begin to plan for fall and winter holiday celebrations, it is important to recognize the data has shown the coronavirus numbers are beginning to increase. It is now more important than ever that we take this seriously, maintain precautions in everything we do by continuing to wear a mask every time you are around someone outside of your household, avoid large gatherings, maintain a safe social distance from others and washing your hands frequently. It is important to remember to follow safety protocols both at work and in our activities outside of work in order to keep those around us and ourselves safe.

The CDC offers the following considerations to help protect individuals and their families, friends, and communities from COVID-19.

Please visit: <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays.html>

To learn more about keeping your family and your community safe.